

Stno	Chipno	Name	Club	Start
<b>- Fácil Curto (7) 10 C</b>				
1	208438	Ana Maria Vieira Rocha	71 [037] GD Luz Verde	11:30:00
2		Nuria Ruiz	92 [1564] Individual POR	11:32:00
3	47483647	Bárbara Lopes	09 [115] ATV	11:34:00
4		Maria João Veiga	89 [1564] Individual POR	11:36:00
5	2091971	CésarC+GilE	[102] .COM	11:38:00
6	4649967	Mariana Nunes	03 [10134] AEFM	11:40:00
7	8190961	Margarida Gonçal Novo	61 [035] CN Alvito	11:42:00
<b>- Difícil Curto (5) 10 C</b>				
1	308457	Gil Rua	48 [007] Ori-Estarreja	11:31:00
2	2113544	Cristiano Gomes	75 [052] GD4C	11:33:00
3		Luis Pinto	67 [094] CPOC	11:35:00
4	308470	Ines Aires	92 [007] Ori-Estarreja	11:37:00
5	1010163	Vanessa Jorge	75 [094] CPOC	11:39:00
<b>Fácil Longo (32) 16 C</b>				
1		Pedro Sena	[1564] Individual POR	11:30:00
2		Diogo Vieira Ferreira	00 [1564] Individual POR	11:32:00
3		Ricardo Pereira	89 [10811] GRV	11:34:00
4		Patricia Rivotti	77 [1564] Individual POR	11:36:00
5	4649963	Daniel Almeida	01 [10134] AEFM	11:38:00
6		Licínio Silva	92 [1564] Individual POR	11:40:00
7	308363	Paulo Faustino	68 [094] CPOC	11:42:00
8		Paulo Manuel Ben Ferreira	00 [1564] Individual POR	11:44:00
9		Olivia de Sousa	79 [10818] Jardim da Serra Ma	11:46:00
10		João Carlos Card Domingos	00 [1564] Individual POR	11:48:00
11	208467	Jorge Duarte	65 [094] CPOC	11:50:00
12		João Miguel Silv Leal	00 [1564] Individual POR	11:52:00
13		José Bugalho	69 [10811] GRV	11:54:00
14		Paulo Duarte San Carvalho	00 [1564] Individual POR	11:56:00
15	4649966	Marco Ferreira	00 [10134] AEFM	11:58:00
16	2136842	Aline Moreiras	82 [1564] Individual POR	12:00:00
17		Alfredo Gaspar	86 [10811] GRV	12:02:00
18		André Filipe Car Reis	01 [1564] Individual POR	12:04:00
19		Tiago Cordeiro Amaral	90 [10693] CA Barreira	12:06:00
20		Diogo Alexandre Marques	01 [1564] Individual POR	12:08:00
21	208486	Dulce Duarte	65 [094] CPOC	12:10:00
22		André Ribeiro Paixão	01 [1564] Individual POR	12:12:00
23	400266	Paulo Pintassilgo	74 [159] COAAL	12:14:00
24		Alexandre Sousa Santo	01 [1564] Individual POR	12:16:00
25	208492	Ricardo Duarte	95 [094] CPOC	12:18:00
26		Xavier Silva Jac Martins	01 [1564] Individual POR	12:20:00
27	242398	Ana Nunes	80 [114] COA	12:22:00
28		Francisco Costa Carreira	01 [1564] Individual POR	12:24:00
29		Amílcar Ramos	77 [10811] GRV	12:26:00
30		Nelson Alves Pereira	00 [1564] Individual POR	12:28:00
31	242331	Lígia Nunes	69 [114] COA	12:30:00
32		Luís Miguel Mari Bento	00 [1564] Individual POR	12:32:00

Stno	Chipno	Name	Club	Start
<b>Difícil Longo (5) 14 C</b>				
1		Nuno Pireza	83 [157] AFAP	11:45:00
2		Vasco Vinhas	83 [1564] Individual POR	11:47:00
3	1443344	Arménio Mendes	65 [094] CPOC	11:49:00
4	259805	NUNO LEMOS	75 [1564] Individual POR	11:51:00
5	308276	Carlos Gameiro	68 [094] CPOC	11:53:00
<b>H10 (8) 10 C</b>				
1	2108702	Salvador Nazaré	10 [070] COC	11:38:00
2	2118200	Afonso Cunha	08 [085] A Montanha	11:40:00
3	259821	António Oliveira	09 [070] COC	11:42:00
4	214034	Manuel Henrique Raposo	11 [128] COALA	11:44:00
5	2108692	Miguel Ferreira	08 [070] COC	11:46:00
6	241230	Gabriel Lopes	09 [107] CAOS	11:48:00
7	2108709	David Marques	10 [070] COC	11:50:00
8	2108645	Simão Laia	13 [133] GDU Azoia	11:52:00
<b>D10 (4) 10 C</b>				
1	1892013	Benedita	13 [007] Ori-Estarreja	11:30:00
2	1304278	Juliana Pedro	11 [107] CAOS	11:32:00
3	2017022	Matilde Silva	08 [102] .COM	11:34:00
4	259870	Maria Oliveira	10 [070] COC	11:36:00
<b>H12 (9) 10 C</b>				
1	2084897	Tiago Carrilho	06 [107] CAOS	12:03:00
2	1304277	João Pedro	07 [107] CAOS	12:05:00
3	240874	Sérgio Gomes	07 [052] GD4C	12:07:00
4	4649961	AFONSO RODRIGUES	06 [10134] AEFM	12:09:00
5	2108633	Afonso Gomes	07 [133] GDU Azoia	12:11:00
6	4649965	Luís Lopes	07 [10134] AEFM	12:13:00
7	1304102	João Cruz	07 [007] Ori-Estarreja	12:15:00
8	2800579	Duarte Reis	06 [085] A Montanha	12:17:00
9	4649968	Martim Jesus	06 [10134] AEFM	12:19:00
<b>D12 (6) 10 C</b>				
1	2108703	Inês Gomes	07 [070] COC	11:49:00
2	2108704	Matilde Batista	07 [070] COC	11:51:00
3	4649962	ANA CAÇÃO	06 [10134] AEFM	11:53:00
4	259890	Sara Grácio	07 [070] COC	11:55:00
5	264931	Diana Santos	06 [037] GD Luz Verde	11:57:00
6	2108701	Maria Nazaré	07 [070] COC	11:59:00
<b>H14 (21) 12 C</b>				
1	2006624	Nuno Almeida	04 [102] .COM	11:32:00
2	1421690	Afonso Ferreira	04 [094] CPOC	11:34:00
3	2108711	Diogo Neto	04 [056] Natura	11:36:00
4	2108643	Gui	05 [133] GDU Azoia	11:38:00
5	214022	Rafael Rocha	05 [037] GD Luz Verde	11:40:00
6	407060	Rúben Pereira	05 [052] GD4C	11:42:00
7		Guilherme Cruz	04 [6593] ESCarlosAmarante	11:44:00
8	308220	Alexandre Soares	04 [022] CLAC	11:46:00
9	2054467	Dinis Kaiseler	05 [090] ADFA	11:48:00
10	2800479	Miguel Braz	04 [070] COC	11:50:00
11	246360	João ferreira	05 [007] Ori-Estarreja	11:52:00

Stno	Chipno	Name	Club	Start
<b>H14 (21) 12 C (cont.)</b>				
12		Tiago Silva	04 [6593] ESCarlosAmarante	11:54:00
13	206022	Raúl Azevedo	04 [052] GD4C	11:56:00
14	246342	Rodrigo Fonseca	05 [007] Ori-Estarreja	11:58:00
15	409999	João Gomes	05 [052] GD4C	12:00:00
16	2108641	Miguel Manso	05 [133] GDU Azoia	12:02:00
17	2006621	Gabriel Vilaça	04 [102] .COM	12:04:00
18	400339	Miguel Pereira	06 [007] Ori-Estarreja	12:06:00
19	400268	Tiago Almeida Lopes	04 [115] ATV	12:08:00
20	2108648	Tiago Gomes	05 [133] GDU Azoia	12:10:00
21	409935	nc Dinis Lopes	05 [107] CAOS	12:12:00
<b>D14 (13) 12 C</b>				
1	1113811	Leonor Ferreira	06 [094] CPOC	11:06:00
2	1101012	Mariana São bento	04 [085] A Montanha	11:08:00
3	259782	Patrícia Rosa	05 [070] COC	11:10:00
4	2006631	Débora Oliveira	05 [102] .COM	11:12:00
5	234137	Carlota Rodrigues	05 [070] COC	11:14:00
6	240969	Beatriz Coelho	04 [033] Clube TAP	11:16:00
7	407092	Mara Luna	05 [070] COC	11:18:00
8	308232	Camila Soares	05 [037] GD Luz Verde	11:20:00
9	2043037	Catarina Pereira	04 [090] ADFA	11:22:00
10	246335	nc Beatriz Fernandes	05 [007] Ori-Estarreja	11:24:00
11	242356	Marta Nunes	04 [114] COA	11:26:00
12	2006626	Alexandra Serra Campos	06 [102] .COM	11:28:00
13		Matilde Salgueiro	05 [3152] ESPinhal Novo	11:30:00
<b>H16 (24) 17 C</b>				
1	240760	Martim Carrilho	03 [107] CAOS	11:00:00
2		Simão Cegonho A.	02 [3152] ESPinhal Novo	11:02:00
3	2032985	André Roberto	02 [070] COC	11:04:00
4	2060378	João Sousa	02 [133] GDU Azoia	11:06:00
5	2106948	Pedro Lagarto	03 [022] CLAC	11:08:00
6	2108636	Rafael Rusga	03 [133] GDU Azoia	11:10:00
7	7776401	João Rodrigues	03 [052] GD4C	11:12:00
8	2108635	Pedro Peralta	02 [133] GDU Azoia	11:14:00
9	234381	Miguel Rocha	02 [037] GD Luz Verde	11:16:00
10	2103696	Artur Cunha	02 [085] A Montanha	11:18:00
11	407089	Pedro Viana	03 [052] GD4C	11:20:00
12	2103694	Fábio Baptista	02 [085] A Montanha	11:22:00
13		Samuel Gonçalves	02 [6593] ESCarlosAmarante	11:24:00
14	2103693	Rodrigo Lima	04 [085] A Montanha	11:26:00
15	2018941	João Vieira	03 [062] CA Madeira	11:28:00
16	2043054	Afonso Araújo	03 [090] ADFA	11:30:00
17	2077080	nc Rodrigo Oliveira	02 [070] COC	11:32:00
18	2103695	nc Bruno Lopes	02 [085] A Montanha	11:34:00
19	2060053	Pedro Mendes	03 [090] ADFA	11:36:00
20	1226622	Bernardo Filipe	03 [070] COC	11:38:00
21	2043070	José Reis	03 [090] ADFA	11:40:00
22	2006633	André Serra Campos	02 [102] .COM	11:42:00
23		Diogo Job	02 [3152] ESPinhal Novo	11:44:00
24	1425346	José Vieira Maia	02 [085] A Montanha	11:46:00

Stno	Chipno	Name	Club	Start
<b>D16 (12) 13 C</b>				
1	1424712	Daniela Faria	03 [052] GD4C	11:01:00
2	2006635	Inês Augusto	02 [102] .COM	11:03:00
3	234067	Matilde Ribeiro	02 [094] CPOC	11:05:00
4	2053727	Marta Costinha	02 [090] ADFA	11:07:00
5	2108651	Mafalda Lima	02 [085] A Montanha	11:09:00
6	2043068	Maria do Mar	02 [090] ADFA	11:11:00
7		Nadine Silva	03 [052] GD4C	11:13:00
8	2006622	Ana Pacheco	03 [102] .COM	11:15:00
9	1407875	Beatriz Moreira	03 [088] ADC	11:17:00
10	1996153	Joana Catarino	02 [022] CLAC	11:19:00
11	227626	Sara Pinheiro	03 [088] ADC	11:21:00
12	2006634	Ana Silva	02 [102] .COM	11:23:00
<b>H18 (17) 17 C</b>				
1	2043069	João Pinto	01 [090] ADFA	12:58:00
2	362745	Gabriel Leal	00 [052] GD4C	13:00:00
3	1276073	Tiago Caineta	01 [007] Ori-Estarreja	13:02:00
4	1779977	José Dinis	00 [052] GD4C	13:04:00
5	8223234	Pedro Barbosa Silva	00 [007] Ori-Estarreja	13:06:00
6	2800516	Pedro Carvalho	01 [022] CLAC	13:08:00
7	2086028	Diogo Oliveira	01 [102] .COM	13:10:00
8		Rodrigo Abreu	00 [139] GDE	13:12:00
9	241131	Ricardo Rodrigues	01 [088] ADC	13:14:00
10	8308494	Ricardo Ferreira	00 [007] Ori-Estarreja	13:16:00
11	2043061	Pedro Moniz	00 [090] ADFA	13:18:00
12	2006636	Luís Amorim	01 [102] .COM	13:20:00
13	2043073	Diogo Lampreia	01 [090] ADFA	13:22:00
14	2800519	Duarte Mendes	00 [022] CLAC	13:24:00
15	2043071	Tiago Lampreia	01 [090] ADFA	13:26:00
16	2077078	Vasco Mendes	02 [133] GDU Azoia	13:28:00
17	2006623	José Pedro Fernandes	01 [102] .COM	13:30:00
<b>D18 (13) 13 C</b>				
1	2017023	Bárbara Pereira	01 [102] .COM	11:47:00
2	242389	Lígia Nunes	00 [114] COA	11:49:00
3		Ana Viana	01 [052] GD4C	11:51:00
4	7170700	Mafalda Moreira	00 [094] CPOC	11:53:00
5	409913	Carina Cotovio	00 [070] COC	11:55:00
6	362704	Margarida Miranda	01 [052] GD4C	11:57:00
7	7202502	Beatriz Esteves	00 [070] COC	11:59:00
8	241298	Rita Nogueira	01 [088] ADC	12:01:00
9	2017024	nc Inês José	00 [102] .COM	12:03:00
10	7915811	Ana Nunes	01 [094] CPOC	12:05:00
11	241290	Margarida Ferreira	01 [088] ADC	12:07:00
12	7040100	Raquel Henriques	00 [094] CPOC	12:09:00
13		Dulce Fernandes	01 [052] GD4C	12:11:00
<b>H20 (1) 17 C</b>				
1	2006637	João Magalhães	98 [102] .COM	13:32:00

Stno	Chipno	Name	Club	Start
<b>D20 (7) 13 C</b>				
1	1999426	Ana Jorge	99 [007] Ori-Estarreja	12:23:00
2	2017025	nc Maria Dias	99 [102] .COM	12:25:00
3	2043041	Patrícia Romão	98 [090] ADFA	12:27:00
4	1470612	Sara Roberto	99 [070] COC	12:29:00
5	1007271	Eduarda Moreira	99 [088] ADC	12:31:00
6	1998072	Joana Marques	98 [007] Ori-Estarreja	12:33:00
7	2017027	Rita Fernandes	99 [102] .COM	12:35:00
<b>HE (22) 17 C</b>				
1	1302802	Luis Leite	76 [052] GD4C	11:48:00
2	7855558	Miguel Nobrega	89 [056] Natura	11:50:00
3	8004103	Rafael Miguel	93 [007] Ori-Estarreja	11:52:00
4	2063998	Vasco Duarte	97 [090] ADFA	11:54:00
5	1989522	nc Diogo Miguel	89 [007] Ori-Estarreja	11:56:00
6	733330	Filipe Dias	85 [052] GD4C	11:58:00
7	644444	Tiago Romão	89 [073] CMO Funchal	12:00:00
8	2043040	Bernardo Pereira	97 [090] ADFA	12:02:00
9	1302844	Paulo Franco	81 [070] COC	12:04:00
10	1396454	Rafael Ramos	93 [007] Ori-Estarreja	12:06:00
11	2076542	João Gomes	78 [062] CA Madeira	12:08:00
12	1010040	Luis Barreiro	82 [054] NADA	12:10:00
13	2060028	Nelson Baroca	80 [062] CA Madeira	12:12:00
14	1409346	João Ferreira	89 [168] CAB	12:14:00
15	2062635	Pedro Nogueira	82 [090] ADFA	12:16:00
16	1600282	Tiago Martins Aires	82 [073] CMO Funchal	12:18:00
17	1985421	Gildo Silva	85 [070] COC	12:20:00
18	7207946	Xavier Vieira	69 [1000] Individual POR Fed	12:22:00
19	7204798	Angel Soto	92 [052] GD4C	12:24:00
20	214100	André Ramos	86 [070] COC	12:26:00
21	1304164	João Novo	97 [102] .COM	12:28:00
22	234034	Nuno Evangelista	80 [114] COA	12:30:00
<b>DE (8) 13 C</b>				
1	1600287	Inês Pinto	92 [052] GD4C	12:37:00
2	1304241	Adelindina Lopes	74 [070] COC	12:39:00
3	1553355	Beatriz Sanguino	98 [094] CPOC	12:41:00
4	8222282	Carla Saraiva	89 [007] Ori-Estarreja	12:43:00
5	1010119	Maria Sá	77 [090] ADFA	12:45:00
6	2028654	Sónia Silva	75 [139] GDE	12:47:00
7	1987128	Patricia Casalinho	87 [070] COC	12:49:00
8	1600293	Rita Rodrigues	93 [073] CMO Funchal	12:51:00
<b>H21A (34) 17 C</b>				
1	1403183	Pedro Laia	77 [133] GDU Azoia	11:49:00
2	1010044	Daniel Marques	84 [070] COC	11:51:00
3	2043066	humberto santos	79 [090] ADFA	11:53:00
4	1811181	Bruno André	81 [119] OriMarão	11:55:00
5	241124	Luís Carlos	97 [088] ADC	11:57:00
6	7210939	José Carlos Marques	78 [159] COAAL	11:59:00
7	1195605	Gil Sousa Pinto	86 [119] OriMarão	12:01:00
8	7964765	Hugo Velhinho	96 [094] CPOC	12:03:00
9	2800494	Edgar Domingues	88 [070] COC	12:05:00
10	1221996	Gonçalo Dias	96 [052] GD4C	12:07:00

Stno	Chipno	Name	Club	Start
<b>H21A (34) 17 C (cont.)</b>				
11	8498912	Daniel Cruz	98 [007] Ori-Estarreja	12:09:00
12	7207514	Rafael Silva	87 [056] Natura	12:11:00
13	1304089	Jorge Fortunato	89 [007] Ori-Estarreja	12:13:00
14	1564019	João Moura	89 [056] Natura	12:15:00
15	240885	Filipe Silva	85 [052] GD4C	12:17:00
16	259763	nc Fausto Ferreira	84 [168] CAB	12:19:00
17	2043031	Manuel Lopes	96 [090] ADFA	12:21:00
18	241103	nc Luís Ferreira	94 [088] ADC	12:23:00
19	206350	Nuno Santos	96 [090] ADFA	12:25:00
20	2136870	Bruno Moreiras	84 [1564] Individual POR	12:27:00
21	2108644	José Gomes	74 [133] GDU Azoia	12:29:00
22	7204832	Luis Martínez	87 [2188] ADOL	12:31:00
23	1196135	Simão Cardeal	84 [119] OriMarão	12:33:00
24	7190289	Rui Martins	89 [056] Natura	12:35:00
25	7666000	Luis Jacinto	84 [094] CPOC	12:37:00
26	7207509	João Real	84 [159] COAAL	12:39:00
27	1302801	Domingos Martins	89 [052] GD4C	12:41:00
28	242379	Fidel Conde	77 [070] COC	12:43:00
29	241196	Marco Martins	94 [022] CLAC	12:45:00
30	1304275	Nuno Pedro	79 [107] CAOS	12:47:00
31	1440066	Goncalo Pirrolas	96 [090] ADFA	12:49:00
32	1996153	Daniel Catarino	96 [007] Ori-Estarreja	12:51:00
33	1903603	Pedro Tiago Gomes	90 [159] COAAL	12:53:00
34	1302730	Daniel Raposo	80 [128] COALA	12:55:00
<b>D21A (18) 12 C</b>				
1	7855557	Carla Macedo	88 [056] Natura	12:16:00
2	1886688	Sofia Pinto	94 [056] Natura	12:18:00
3	8210021	Raquel Ferreira	80 [052] GD4C	12:20:00
4	1304119	Joana Moutela	81 [007] Ori-Estarreja	12:22:00
5	2004380	Helena Xavier Baptista	96 [052] GD4C	12:24:00
6	2006640	Luísa Pinheiro	96 [102] .COM	12:26:00
7	1304261	Cátia Marques	77 [070] COC	12:28:00
8	1881188	Diana Moreira	87 [168] CAB	12:30:00
9	234089	Ana Pinto	83 [056] Natura	12:32:00
10	1304139	Ângela Pedro	79 [107] CAOS	12:34:00
11	1304239	Cristiana Maranhão	88 [070] COC	12:36:00
12	2043032	Sandra Rodrigues	78 [090] ADFA	12:38:00
13	400259	Ana Casaca	76 [133] GDU Azoia	12:40:00
14	1420052	Verónica Fradique	97 [052] GD4C	12:42:00
15	2108694	Cristiana Cunha	87 [070] COC	12:44:00
16	1304113	Cristina Nazário	83 [007] Ori-Estarreja	12:46:00
17	7051083	Zélia Viana	83 [102] .COM	12:48:00
18	1951993	Susana Almeida	93 [056] Natura	12:50:00
<b>H21B (12) 17 C</b>				
1	8004778	Tiago Mota	93 [007] Ori-Estarreja	11:01:00
2	2108634	Alexandre Gomes	75 [133] GDU Azoia	11:03:00
3	8001325	Nuno Rebelo	79 [007] Ori-Estarreja	11:05:00
4	259857	Rui Pedro Amaral	79 [070] COC	11:07:00
5	504422	João Amorim	78 [007] Ori-Estarreja	11:09:00
6	1398371	Pedro Cabeça	99 [133] GDU Azoia	11:11:00
7	2108698	nc Nuno Grácio	78 [070] COC	11:13:00
8	2108712	Ricardo Lopes	89 [056] Natura	11:15:00

Stno	Chipno	Name	Club	Start
<b>H21B (12) 17 C (cont.)</b>				
9	2108699	Albano Almeida	81 [070] COC	11:17:00
10	1091962	José Almeida	62 [056] Natura	11:19:00
11	2108708	Mário Moreira	77 [070] COC	11:21:00
12	1997799	Paulo Fernandes	72 [128] COALA	11:23:00
<b>D21B (11) 13 C</b>				
1	419853	nc Patricia Jorge	84 [094] CPOC	11:25:00
2	214068	Dora Ferreirinha	82 [176] ABC Ori	11:27:00
3	2108700	Ana Sofia Ribeiro	87 [070] COC	11:29:00
4	306290	nc Laura Romo	88 [1564] Individual POR	11:31:00
5	2108703	Catarina Sousa	80 [070] COC	11:33:00
6	1429026	Paula Goncalves	75 [052] GD4C	11:35:00
7	7110981	Anabela André	81 [119] OriMarão	11:37:00
8	400293	Cristina Torcato	93 [007] Ori-Estarreja	11:39:00
9	2542598	Inês Soares	88 [119] OriMarão	11:41:00
10	2800671	Inês Correia	97 [085] A Montanha	11:43:00
11	259706	nc Rute Ferreira	76 [094] CPOC	11:45:00
<b>H35 (5) 17 C</b>				
1	308302	Rui Marques	71 [133] GDU Azoia	13:21:00
2	1336633	Jose Pereira	78 [005] CP Armada	13:23:00
3	1304230	Nuno Ferreira	78 [070] COC	13:25:00
4	1304162	Tiago Lopes	78 [107] CAOS	13:27:00
5	2108697	Celso Moiteiro	81 [070] COC	13:29:00
<b>D35 (5) 13 C</b>				
1	1009875	Paula Serra Campos	68 [102] .COM	12:13:00
2	7711313	Susana Pontes	71 [070] COC	12:15:00
3	259802	Cristina Santos	68 [151] GafanhOri	12:17:00
4	1304188	Helena Sousa	67 [119] OriMarão	12:19:00
5	1010087	Tânia Covas Costa	78 [102] .COM	12:21:00
<b>H40 (22) 17 C</b>				
1	1974131	Nuno Pires	74 [007] Ori-Estarreja	12:57:00
2	1151515	Jorge Marques	73 [052] GD4C	12:59:00
3	308313	Norberto Henriques	77 [070] COC	13:01:00
4	1304173	José João Ferreira	74 [119] OriMarão	13:03:00
5	400215	Jorge Almeida	73 [070] COC	13:05:00
6	2016760	Sérgio Mónica	70 [128] COALA	13:07:00
7	1010115	Jorge Correia	70 [090] ADFA	13:09:00
8	1421970	Paulo Batista	75 [038] CM Arrábida	13:11:00
9	213654	Rui Pisco	75 [114] COA	13:13:00
10	9781050	Daniel Filipe	78 [007] Ori-Estarreja	13:15:00
11	7208670	Rafael Lima	68 [070] COC	13:17:00
12	242391	Sergio Contente	74 [114] COA	13:19:00
13	2136860	Pablo Oliveira	74 [005] CP Armada	13:21:00
14	2076545	Tiago Reis	76 [056] Natura	13:23:00
15	1304108	Rui Morais	74 [007] Ori-Estarreja	13:25:00
16		nc Marco Lamy	78 [1564] Individual POR	13:27:00
17	1425363	José Barros Maia	74 [085] A Montanha	13:29:00
18	259880	Duarte Lopes	70 [115] ATV	13:31:00
19	1302729	José Domingos	76 [094] CPOC	13:33:00
20	2053725	Jorge Mendes	75 [090] ADFA	13:35:00

Stno	Chipno	Name	Club	Start
<b>H40 (22) 17 C (cont.)</b>				
21	1420246	Nuno Ferreira	76 [094] CPOC	13:37:00
22	7211428	Joaquim Silva	74 [052] GD4C	13:39:00
<b>D40 (10) 12 C</b>				
1	1210167	Anabela Vieito	67 [070] COC	11:56:00
2	259895	Fátima Saraiva	77 [168] CAB	11:58:00
3	2017030	Manuela Marques	72 [102] .COM	12:00:00
4	407047	nc Rita Nunes	76 [005] CP Armada	12:02:00
5	208666	Teresa Alves	69 [070] COC	12:04:00
6	2096896	Sónia Saramago	73 [115] ATV	12:06:00
7	2801210	Anabela Freitas	72 [085] A Montanha	12:08:00
8	2104619	Susana Figueiredo	75 [094] CPOC	12:10:00
9	2115015	Ana Margarida Vaz	76 [007] Ori-Estarreja	12:12:00
10	259803	Lídia Santana	72 [107] CAOS	12:14:00
<b>H45 (22) 17 C</b>				
1	8003913	Alberto César	70 [052] GD4C	12:37:00
2	1304060	António Amador	68 [007] Ori-Estarreja	12:39:00
3	9992323	Sandro Castro	72 [052] GD4C	12:41:00
4	409976	Cláudio Tereso	70 [115] ATV	12:43:00
5	544041	Octávio Andrade	68 [102] .COM	12:45:00
6	214060	António Batista	69 [115] ATV	12:47:00
7	1424627	António Olival	72 [062] CA Madeira	12:49:00
8	1060169	Helder Ferreira	69 [070] COC	12:51:00
9	400212	Martins de Jesus	70 [007] Ori-Estarreja	12:53:00
10	259757	Marco Almeida	73 [168] CAB	12:55:00
11	2113523	Ricardo Silva	70 [007] Ori-Estarreja	12:57:00
12	308267	João Carrilho	70 [107] CAOS	12:59:00
13	1092092	Rui Mora	71 [166] ADM Ori-Mondego	13:01:00
14	7680122	Rui Botão	68 [070] COC	13:03:00
15	407048	Paulo Mosca	69 [005] CP Armada	13:05:00
16	400171	Luís Miguel Martinho	70 [115] ATV	13:07:00
17	9000512	Cidálio Oliveira	73 [052] GD4C	13:09:00
18	242178	Luís Borges	71 [103] ADADesnível	13:11:00
19	1428630	Humberto Esteves	71 [070] COC	13:13:00
20	2104647	Luís Dias	70 [094] CPOC	13:15:00
21	1112211	Jorge Oliveira	69 [070] COC	13:17:00
22	1304006	Miguel Sá	71 [116] Montepio Geral	13:19:00
<b>D45 (6) 12 C</b>				
1	308263	Marina Carrilho	73 [107] CAOS	11:44:00
2	1973509	Maria Vieira	70 [052] GD4C	11:46:00
3	213673	Isabel Oliveira	72 [070] COC	11:48:00
4	2108647	Catarina Félix	67 [133] GDU Azoia	11:50:00
5	1304061	Manuela Nogueira	69 [007] Ori-Estarreja	11:52:00
6	1968503	Alexandra Coelho	68 [052] GD4C	11:54:00
<b>H50 (23) 17 C</b>				
1	2800480	Belo de Carvalho	64 [176] ABC Ori	11:51:00
2	9939399	Carlos Garcia	64 [157] AFAP	11:53:00
3	241138	Jorge Ferreira	65 [088] ADC	11:55:00
4	2043036	Luís Quinta-Nova	66 [176] ABC Ori	11:57:00
5	900057	Leonel Vieito	66 [070] COC	11:59:00



Stno	Chipno	Name	Club	Start
<b>H50 (23) 17 C (cont.)</b>				
6	8035553	Manuel Dias	52 [151] GafanhOri	12:01:00
7	1304248	António Cotovio	68 [070] COC	12:03:00
8	1304093	Vítor Delgado	67 [052] GD4C	12:05:00
9	1080267	Ilídio Coelho	67 [070] COC	12:07:00
10	241147	Licínio Ferreira	68 [088] ADC	12:09:00
11	259810	António Pina	66 [157] AFAP	12:11:00
12	2017026	nc Rui Silva	68 [102] .COM	12:13:00
13	2108632	Fernando Mendes	67 [133] GDU Azoia	12:15:00
14	1302828	Tozé Silva	66 [070] COC	12:17:00
15	9048082	Rui Almeida	64 [157] AFAP	12:19:00
16	2800501	João Martins	67 [022] CLAC	12:21:00
17	1961682	Santos Sousa	64 [090] ADFA	12:23:00
18	1401760	Jorge Baltazar	66 [133] GDU Azoia	12:25:00
19	2043048	Daniel Pires	65 [090] ADFA	12:27:00
20	8167815	Mario Marinheiro	65 [125] CP Abrunheira	12:29:00
21	1000058	Carlos Monteiro	58 [070] COC	12:31:00
22	7775577	nc Andreas GROTE	64 [10726] OLC SKOG	12:33:00
23	308206	José Bolrão	64 [070] COC	12:35:00
<b>D50 (10) 12 C</b>				
1	2003094	Assunção Almeida	59 [151] GafanhOri	11:24:00
2	1250358	Isabel Monteiro	58 [070] COC	11:26:00
3	888496	Jerónima Rocha	60 [052] GD4C	11:28:00
4	1401624	Luísa Gaboleiro	63 [133] GDU Azoia	11:30:00
5	400209	Maria Leonor Luz	68 [022] CLAC	11:32:00
6	1991199	Aida Correia	63 [052] GD4C	11:34:00
7	264942	Helena Lopes	58 [1000] Individual POR Fed	11:36:00
8	240779	Claudia Figueiredo	66 [052] GD4C	11:38:00
9	2082771	Alice Silva	65 [090] ADFA	11:40:00
10	242400	Fátima Emauz	68 [094] CPOC	11:42:00
<b>H55 (22) 17 C</b>				
1	242143	Ilídio Santos Mendes	60 [022] CLAC	11:07:00
2	241125	António Ferreira	63 [088] ADC	11:09:00
3	8240961	João Alves	61 [052] GD4C	11:11:00
4	242163	José Serra	59 [103] ADADesnível	11:13:00
5	1428629	Manuel Luís	63 [005] CP Armada	11:15:00
6	1111182	Albano João	59 [070] COC	11:17:00
7	1010032	Jorge Silva	60 [085] A Montanha	11:19:00
8	2008961	Fernando Costa	61 [052] GD4C	11:21:00
9	2043044	João Barrulas	61 [090] ADFA	11:23:00
10	242149	Júlio Oliveira	63 [005] CP Armada	11:25:00
11	7207922	Aniceto Soares	62 [022] CLAC	11:27:00
12	308468	Carlos Fortunato	62 [007] Ori-Estarreja	11:29:00
13	240747	nc Paulo Ferreira	61 [005] CP Armada	11:31:00
14	259704	Carlos Coelho	61 [094] CPOC	11:33:00
15	1680086	Amândio Gonçalves	63 [022] CLAC	11:35:00
16	1396355	Manuel Delgado	61 [052] GD4C	11:37:00
17	7207271	Fontoura	63 [094] CPOC	11:39:00
18	1304109	José Mário Baptista	62 [052] GD4C	11:41:00
19	264932	Jose Leite Rocha	59 [037] GD Luz Verde	11:43:00
20	242366	Manuel Nunes	62 [114] COA	11:45:00
21	1403184	António Graça	63 [005] CP Armada	11:47:00
22	1777999	José Vicente	61 [157] AFAP	11:49:00

Stno	Chipno	Name	Club	Start
<b>D55 (4) 12 C</b>				
1	1304249	Palmira João	59 [070] COC	11:16:00
2	1304110	Margarida Rocha	55 [052] GD4C	11:18:00
3	2032987	Luísa Mateus	58 [070] COC	11:20:00
4	1987789	Amália Gonçalves	63 [022] CLAC	11:22:00
<b>H60 (13) 17 C</b>				
1	1191082	Luís Sousa	54 [090] ADFA	12:32:00
2	1090256	Escada da Costa	56 [128] COALA	12:34:00
3	559977	Crispim Júnior	55 [090] ADFA	12:36:00
4	241261	Luís Pereira	58 [052] GD4C	12:38:00
5	1954428	António Reyes	54 [128] COALA	12:40:00
6	242174	Carlos Ferreira	56 [168] CAB	12:42:00
7	1401650	Jorge Artur	55 [090] ADFA	12:44:00
8	7210959	António Amador	58 [073] CMO Funchal	12:46:00
9	234084	Custódio Pinto	56 [1000] Individual POR Fed	12:48:00
10	1010145	Vítor Rodrigues	54 [094] CPOC	12:50:00
11	1102118	Manuel Domingues	57 [070] COC	12:52:00
12	308215	António Matias	57 [022] CLAC	12:54:00
13	1304153	Manuel Martins	56 [005] CP Armada	12:56:00
<b>D60 (3) 12 C</b>				
1	2800483	Maria São João	53 [022] CLAC	11:10:00
2	308216	Paula Joaquim	57 [022] CLAC	11:12:00
3	259755	Fernanda Ferreira	55 [168] CAB	11:14:00
<b>H65 (7) 17 C</b>				
1	1428912	Costa Leite	50 [116] Montepio Geral	11:25:00
2	2018588	Armando Santos	52 [128] COALA	11:27:00
3	2121229	Altino Silva	51 [007] Ori-Estarreja	11:29:00
4	2018590	José Raposo	51 [128] COALA	11:31:00
5	246323	Manuel Tavares	52 [007] Ori-Estarreja	11:33:00
6	9171050	João Rodrigues	50 [056] Natura	11:35:00
7	259713	Acácio Porta Nova	53 [094] CPOC	11:37:00
<b>D65 (5) 17 C</b>				
1	1304219	Sinikka Ovaskainen	49 [151] GafanhOri	11:00:00
2	9102190	Cathy Dawson	53 [151] GafanhOri	11:02:00
3	259797	Beatriz Leite	50 [116] Montepio Geral	11:04:00
4	2800393	Hermínia Tavares	53 [056] Natura	11:06:00
5	259715	Ana Carreira	51 [094] CPOC	11:08:00
<b>H70 (5) 17 C</b>				
1	2108640	António Laia	44 [133] GDU Azoia	11:39:00
2	2210946	Coelho dos Santos	46 [007] Ori-Estarreja	11:41:00
3	9102785	Roy Dawson	48 [151] GafanhOri	11:43:00
4	259816	Francisco Coelho	44 [033] Clube TAP	11:45:00
5	308251	Joaquim Patrício	48 [035] CN Alvito	11:47:00
<b>H75 (2) 17 C</b>				
1	1010105	Jorma Ovaskainen	42 [151] GafanhOri	11:03:00
2	1942119	Armandino Cramez	42 [007] Ori-Estarreja	11:05:00

Stno	Chipno	Name	Club	Start
<b>H80 (1) 17 C</b>				
1	1304103	Joaquim da Costa	38 [052] GD4C	11:01:00