

tno	hipno	Name	B	Club	Start
PROM1 - Fácil Curto 0,0 km 85 m 12 C					
0028	1007129	Nuria Ruiz	92	[1564] Individual POR	10:16:00
0049	4649964	Guilherme Silva	01	[10134] AEFM	10:19:00
0035	1007274	Maria João Veiga	89	[1564] Individual POR	10:22:00
6089	2091971	CésarC+GilE		[102] .COM	10:25:00
0027	208438	Ana Maria Vieira Rocha	71	[037] GD Luz Verde	10:28:00
0023	9999999	Bárbara Lopes	09	[115] ATV	10:31:00
0052	4649969	MATILDE TEIXEIRA	05	[10134] AEFM	10:34:00
4179	8190961	Margarida Gonçal Novo	61	[035] CN Alvito	10:37:00
PROM2 - Difícil Curt 0,0 km 135 m 10 C					
6490	1007242	Luis Pinto	67	[094] CPOC	10:15:00
6450	2113544	Cristiano Gomes	75	[052] GD4C	10:18:00
0058	4649972	ALEXANDRE MANO	98	[10134] AEFM	10:21:00
3720	308470	Ines Aires	92	[007] Ori-Estarreja	10:24:00
PROM3 - Fácil Long 0,0 km 110 m 12 C					
0068	1007158	Pedro Sena		[1564] Individual POR	10:17:00
0071	1007156	Ricardo Guimarães		[1564] Individual POR	10:20:00
0069	1007127	Adriana + Pedro C.		[1564] Individual POR	10:23:00
0095		Alexandre Guerra		[1000] Individual POR Fed	10:26:00
0066	4649973	Cristiano Edgar Dias	00	[10134] AEFM	10:29:00
0006	1007109	MarcoP+SamantaD .		[1564] Individual POR	10:32:00
6281	400266	Paulo Pintassilgo	74	[159] COAAL	10:35:00
0041	1007187	Patricia Rivotti	77	[1564] Individual POR	10:38:00
0043	4649963	Daniel Almeida	01	[10134] AEFM	10:41:00
0067		Olivia de Sousa	79	[10818] Jardim da Serra Ma	10:44:00
6292	242331	Lígia Nunes	69	[114] COA	10:47:00
0050	4649971	VÍTOR ALMEIDA	01	[10134] AEFM	10:50:00
0059	242398	Ana Nunes	80	[114] COA	10:53:00
0040	1007255	Raquel Jacinto	88	[1564] Individual POR	10:56:00
0004	1007166	Tiago Cordeiro Amaral	90	[10693] CA Barreira	10:59:00
PROM4 - Difícil Long 0,0 km 175 m 13 C					
5284	1007112	Nuno Pireza	83	[157] AFAP	10:15:00
0065	1402485	José Rebola	67	[10814] CPA	10:18:00
5262	3422	Rui Roberto	68	[070] COC	10:21:00
0024	1007290	Vasco Vinhas	83	[1564] Individual POR	10:24:00
5211	2053901	Rosário Barros	69	[070] COC	10:27:00
0036	308276	Carlos Gameiro	68	[094] CPOC	10:30:00
0061	1007151	suzana lampreia	76	[1564] Individual POR	10:33:00
2533	1443344	Arménio Mendes	65	[094] CPOC	10:36:00
H10 (6) 0,0 km 70 m 10 C					
6343	259821	António Oliveira	09	[070] COC	9:57:00
6370	2108702	Salvador Nazaré	10	[070] COC	10:00:00
5670	241230	Gabriel Lopes	09	[107] CAOS	10:03:00
6242	2108709	David Marques	10	[070] COC	10:06:00
6319	2118200	Afonso Cunha	08	[085] A Montanha	10:09:00
6393	2108692	Miguel Ferreira	08	[070] COC	10:12:00

tno	hipno	Name	B	Club	Start
D10 (4) 0,0 km 70 m 10 C					
6483	2017022	Matilde Silva	08	[102] .COM	9:45:00
0029	259870	Maria Oliveira	10	[070] COC	9:48:00
6000	1892013	Benedita	13	[007] Ori-Estarreja	9:51:00
5333	1304278	Juliana Pedro	11	[107] CAOS	9:54:00
H12 (10) 0,0 km 85 m 12 C					
0077		Carlos Pais		[1564] Individual POR	10:15:00
6174	2800579	Duarte Reis	06	[085] A Montanha	10:18:00
0045	4649965	Luís Lopes	07	[10134] AEFM	10:21:00
6451	240874	Sérgio Gomes	07	[052] GD4C	10:24:00
4222	1304277	João Pedro	07	[107] CAOS	10:27:00
0047	4649968	Martim Jesus	06	[10134] AEFM	10:30:00
6059	2084897	Tiago Carrilho	06	[107] CAOS	10:33:00
6187	1304102	João Cruz	07	[007] Ori-Estarreja	10:36:00
6225	2108633	Afonso Gomes	07	[133] GDU Azoia	10:39:00
0042	4649961	AFONSO RODRIGUES	06	[10134] AEFM	10:42:00
D12 (6) 0,0 km 85 m 12 C					
6431	259890	Sara Grácio	07	[070] COC	9:47:00
6371	2108704	Matilde Batista	07	[070] COC	9:50:00
6315	264931	Diana Santos	06	[037] GD Luz Verde	9:53:00
0044	4649962	ANA CAÇÃO	06	[10134] AEFM	9:56:00
6369	2108701	Maria Nazaré	07	[070] COC	9:59:00
0051	4649970	SARA VENÂNCIO	06	[10134] AEFM	10:02:00
H14 (22) 0,0 km 105 m 13 C					
0073		Miguel Sousa		[166] ADM Ori-Mondego	9:31:00
5671	409935	nc Dinis Lopes	05	[107] CAOS	9:34:00
6227	2108648	Tiago Gomes	05	[133] GDU Azoia	9:37:00
0033	1007218	Guilherme Cruz	04	[6593] ESCarlosAmarante	9:40:00
6408	206022	Raúl Azevedo	04	[052] GD4C	9:43:00
6414	2108641	Miguel Manso	05	[133] GDU Azoia	9:46:00
6377	2006621	Gabriel Vilaça	04	[102] .COM	9:49:00
6038	2800479	Miguel Braz	04	[070] COC	9:52:00
6285	308220	Alexandre Soares	04	[022] CLAC	9:55:00
6203	246360	João ferreira	05	[007] Ori-Estarreja	9:58:00
6474	2006624	Nuno Almeida	04	[102] .COM	10:01:00
6211	409999	João Gomes	05	[052] GD4C	10:04:00
6287	1421690	Afonso Ferreira	04	[094] CPOC	10:07:00
6335	407060	Rúben Pereira	05	[052] GD4C	10:10:00
6197	400268	Tiago Almeida Lopes	04	[115] ATV	10:13:00
6484	400339	Miguel Pereira	06	[007] Ori-Estarreja	10:16:00
6316	214022	Rafael Rocha	05	[037] GD Luz Verde	10:19:00
6453	2054467	Dinis Kaiseler	05	[090] ADFA	10:22:00
5899	2108643	Gui	05	[133] GDU Azoia	10:25:00
6449	246342	Rodrigo Fonseca	05	[007] Ori-Estarreja	10:28:00
0031	1007143	Tiago Silva	04	[6593] ESCarlosAmarante	10:31:00
6065	2108711	Diogo Neto	04	[056] Natura	10:34:00
D14 (13) 0,0 km 105 m 13 C					
6243	407092	Mara Luna	05	[070] COC	10:37:00
6331	308232	Camila Soares	05	[037] GD Luz Verde	10:40:00
6208	259782	Patrícia Rosa	05	[070] COC	10:43:00

tno	hipno	Name	B	Club	Start
D14 (13) 0,0 km 105 m 13 C (cont.)					
6320	1101012	Mariana São bento	04	[085] A Montanha	10:46:00
6295	242356	Marta Nunes	04	[114] COA	10:49:00
6327	240969	Beatriz Coelho	04	[033] Clube TAP	10:52:00
5582	2043037	Catarina Pereira	04	[090] ADFA	10:55:00
0063	1007159	Matilde Salgueiro	05	[3152] ESPinhal Novo	10:58:00
6244	234137	Carlota Rodrigues	05	[070] COC	11:01:00
6413	1113811	Leonor Ferreira	06	[094] CPOC	11:04:00
6480	2006631	Débora Oliveira	05	[102] .COM	11:07:00
0030	246335	nc Beatriz Fernandes	05	[007] Ori-Estarreja	11:10:00
5880	2006626	Alexandra Serra Campos	06	[102] .COM	11:13:00
H16 (25) 0,0 km 155 m 14 C					
0072	1007163	Afonso Guimarães		[052] GD4C	9:55:00
6175	2060378	João Sousa	02	[133] GDU Azoia	9:58:00
6334	2103694	Fábio Baptista	02	[085] A Montanha	10:01:00
6476	2043054	Afonso Araújo	03	[090] ADFA	10:04:00
5601	2018941	João Vieira	03	[062] CA Madeira	10:07:00
6160	2103696	Artur Cunha	02	[085] A Montanha	10:10:00
0034	1007167	Samuel Gonçalves	02	[6593] ESCarlosAmarante	10:13:00
6452	2043070	José Reis	03	[090] ADFA	10:16:00
5081	240760	Martim Carrilho	03	[107] CAOS	10:19:00
0062	1007251	Diogo Job	02	[3152] ESPinhal Novo	10:22:00
6007	2060053	Pedro Mendes	03	[090] ADFA	10:25:00
0064	1007288	Simão Cegonho A.	02	[3152] ESPinhal Novo	10:28:00
5299	2032985	André Roberto	02	[070] COC	10:31:00
5889	2043075	Francisco Eleutério	03	[090] ADFA	10:34:00
6401	7776401	João Rodrigues	03	[052] GD4C	10:37:00
6286	1425346	José Vieira Maia	02	[085] A Montanha	10:40:00
5529	2006633	André Serra Campos	02	[102] .COM	10:43:00
6164	2103693	Rodrigo Lima	04	[085] A Montanha	10:46:00
5311	1226622	Bernardo Filipe	03	[070] COC	10:49:00
5794	2108636	Rafael Rusga	03	[133] GDU Azoia	10:52:00
6161	2103695	Bruno Lopes	02	[085] A Montanha	10:55:00
6053	2106948	Pedro Lagarto	03	[022] CLAC	10:58:00
6210	407089	Pedro Viana	03	[052] GD4C	11:01:00
5622	234381	Miguel Rocha	02	[037] GD Luz Verde	11:04:00
5896	2108635	Pedro Peralta	02	[133] GDU Azoia	11:07:00
D16 (6) 0,0 km 145 m 13 C					
6488	2006635	Inês Augusto	02	[102] .COM	9:30:00
6454	2053727	Marta Costinha	02	[090] ADFA	9:33:00
6463	227626	Sara Pinheiro	03	[088] ADC	9:36:00
6217	2108651	Mafalda Lima	02	[085] A Montanha	9:39:00
6464	1407875	Beatriz Moreira	03	[088] ADC	9:42:00
6482	2006634	Ana Silva	02	[102] .COM	9:45:00
H18 (14) 0,0 km 185 m 16 C					
6039	2043069	João Pinto	01	[090] ADFA	10:48:00
6478	2006636	Luís Amorim	01	[102] .COM	10:50:00
5797	8308494	Ricardo Ferreira	00	[007] Ori-Estarreja	10:52:00
5799	2043061	Pedro Moniz	00	[090] ADFA	10:54:00
6073	1276073	Tiago Caineta	01	[007] Ori-Estarreja	10:56:00
6048	2086028	Diogo Oliveira	01	[102] .COM	10:58:00

tno	hipno	Name	B	Club	Start
H18 (14) 0,0 km 185 m 16 C (cont.)					
5954	2800516	Pedro Carvalho	01	[022] CLAC	11:00:00
6201	2006623	José Pedro Fernandes	01	[102] .COM	11:02:00
6058	2800519	Duarte Mendes	00	[022] CLAC	11:04:00
5510	8223234	Pedro Barbosa Silva	00	[007] Ori-Estarreja	11:06:00
5707	362745	Gabriel Leal	00	[052] GD4C	11:08:00
5882	234282	Rodrigo Abreu	00	[139] GDE	11:10:00
6173	1779977	José Dinis	00	[052] GD4C	11:12:00
6405	241131	Ricardo Rodrigues	01	[088] ADC	11:14:00
D18 (8) 0,0 km 155 m 14 C					
6328	2017024	Inês José	00	[102] .COM	9:31:00
6457	1007176	Ana Viana	01	[052] GD4C	9:34:00
4907	2800707	Camila Coelho	00	[070] COC	9:37:00
6436	241298	Rita Nogueira	01	[088] ADC	9:40:00
6440	2017023	Bárbara Pereira	01	[102] .COM	9:43:00
5827	241290	Margarida Ferreira	01	[088] ADC	9:46:00
6294	242389	Ana Nunes	00	[114] COA	9:49:00
5482	1310700	Tânia Pereira Olaio	00	[070] COC	9:52:00
H20 (1) 0,0 km 270 m 17 C					
5448	2006637	João Magalhães	98	[102] .COM	9:35:00
D20 (3) 0,0 km 185 m 13 C					
5665	2043041	Patrícia Romão	98	[090] ADFA	9:32:00
5839	1007271	Eduarda Moreira	99	[088] ADC	9:35:00
6209	2017027	Rita Fernandes	99	[102] .COM	9:38:00
Final A Masc (44) 0,0 km 290 m 22 C					
0021	7204832	Luis Martínez	87	[2188] ADOL	10:16:00
0000	7775577	nc Andreas GROTE	64	[10726] OLC SKOG	10:19:00
1050	9781050	Daniel Filipe	78	[007] Ori-Estarreja	10:22:00
1084	1428629	Manuel Luís	63	[005] CP Armada	10:25:00
5316	7207509	João Real	84	[159] COAAL	10:28:00
1093	1401760	Jorge Baltazar	66	[133] GDU Azoia	10:31:00
2150	7207946	Xavier Vieira	69	[1000] Individual POR Fed	10:34:00
3633	241196	Marco Martins	94	[022] CLAC	10:37:00
2092	1424627	António Olival	72	[062] CA Madeira	10:40:00
6040	2043073	Diogo Lampreia	01	[090] ADFA	10:43:00
4773	1396454	Rafael Ramos	93	[007] Ori-Estarreja	10:46:00
5216	206350	Nuno Santos	96	[090] ADFA	10:49:00
6358	7204798	Angel Soto	92	[052] GD4C	10:52:00
1682	1961682	Santos Sousa	64	[090] ADFA	10:55:00
1132	1302844	Paulo Franco	81	[070] COC	10:58:00
2816	1304089	Jorge Fortunato	89	[007] Ori-Estarreja	11:01:00
5279	2043040	Bernardo Pereira	97	[090] ADFA	11:04:00
2562	1304275	Nuno Pedro	79	[107] CAOS	11:07:00
3593	1336633	Jose Pereira	78	[005] CP Armada	11:10:00
5074	2077080	Rodrigo Oliveira	02	[070] COC	11:13:00
2969	1302801	Domingos Martins	89	[052] GD4C	11:16:00
2668	1985421	Gildo Silva	85	[070] COC	11:19:00
6041	2043071	Tiago Lampreia	01	[090] ADFA	11:22:00
1811	1302802	Luis Leite	76	[052] GD4C	11:25:00
5287	1304164	João Novo	97	[102] .COM	11:28:00

tno	hipno	Name	B	Club	Start
Final A Masc (44)		0,0 km 290 m 22 C	(cont.)		
1202	407048	Paulo Mosca	69	[005] CP Armada	11:31:00
3167	234034	Nuno Evangelista	80	[114] COA	11:34:00
2128	1010044	Daniel Marques	84	[070] COC	11:37:00
3954	1440066	Goncalo Pirrolas	96	[090] ADFa	11:40:00
2593	1304093	Vítor Delgado	67	[052] GD4C	11:43:00
4285	1010115	Jorge Correia	70	[090] ADFa	11:46:00
1583	1112211	Jorge Oliveira	69	[070] COC	11:49:00
5737	2077078	Vasco Mendes	02	[133] GDU Azoia	11:52:00
2547	214100	André Ramos	86	[070] COC	11:55:00
3602	1010040	Luis Barreiro	82	[054] NADA	11:58:00
3915	1304230	Nuno Ferreira	78	[070] COC	12:01:00
3785	2060028	Nelson Baroca	80	[062] CA Madeira	12:04:00
4103	8004103	Rafael Miguel	93	[007] Ori-Estarreja	12:07:00
1963	1409346	João Ferreira	89	[168] CAB	12:10:00
1888	1989522	Diogo Miguel	89	[007] Ori-Estarreja	12:13:00
1936	2108697	Celso Moiteiro	81	[070] COC	12:16:00
2818	644444	Tiago Romão	89	[073] CMo Funchal	12:19:00
1111	2062635	Pedro Nogueira	82	[090] ADFa	12:22:00
1874	1600282	Tiago Martins Aires	82	[073] CMo Funchal	12:25:00
Final A Fem (49)		0,0 km 250 m 19 C			
5727	1304239	Cristiana Maranhão	88	[070] COC	10:03:00
6400	1424712	Daniela Faria	03	[052] GD4C	10:06:00
5696	400259	Ana Casaca	76	[133] GDU Azoia	10:09:00
6456	1007184	Dulce Fernandes	01	[052] GD4C	10:12:00
1952	1250358	Isabel Monteiro	58	[070] COC	10:15:00
2411	888496	Jerónima Rocha	60	[052] GD4C	10:18:00
1006	259802	Cristina Santos	68	[151] GafanhOri	10:21:00
3134	1304061	Manuela Nogueira	69	[007] Ori-Estarreja	10:24:00
2849	1968503	Alexandra Coelho	68	[052] GD4C	10:27:00
6447	234067	Matilde Ribeiro	02	[094] CPOC	10:30:00
1693	259803	Lídia Santana	72		10:33:00
4333	2028654	Sónia Silva	75	[139] GDE	10:36:00
1524	264942	Helena Lopes	58	[1000] Individual POR Fed	10:39:00
4454	2004380	Helena Xavier Baptista	96	[052] GD4C	10:42:00
1346	259895	Fátima Saraiva	77	[168] CAB	10:45:00
5811	7915811	Ana Nunes	01	[094] CPOC	10:48:00
5745	2006640	Luísa Pinheiro	96	[102] .COM	10:51:00
6246	1999426	Ana Jorge	99	[007] Ori-Estarreja	10:54:00
4375	1304119	Joana Moutela	81	[007] Ori-Estarreja	10:57:00
6329	2017025	Maria Dias	99	[102] .COM	11:00:00
5296	1304261	Cátia Marques	77	[070] COC	11:03:00
5850	7051083	Zélia Viana	83	[102] .COM	11:06:00
6177	2043068	Maria do Mar	02	[090] ADFa	11:09:00
2022	1009875	Paula Serra Campos	68	[102] .COM	11:12:00
6467	407047	Rita Nunes	76	[005] CP Armada	11:15:00
5138	1998072	Joana Marques	98	[007] Ori-Estarreja	11:18:00
2587	2043032	Sandra Rodrigues	78	[090] ADFa	11:21:00
5657	7170700	Mafalda Moreira	00	[094] CPOC	11:24:00
4327	2096896	Sónia Saramago	73	[115] ATV	11:27:00
3467	1304188	Helena Sousa	67	[119] OriMarão	11:30:00
6402	1220805	Nadine Silva	03	[052] GD4C	11:33:00
5388	1951993	Susana Almeida	93	[056] Natura	11:36:00
4142	1600293	Rita Rodrigues	93	[073] CMo Funchal	11:39:00

tno	hipno	Name	B	Club	Start
Final A Fem (49) 0,0 km 250 m 19 C (cont.)					
3519	1010119	Maria Sá	77	[090] ADFa	11:42:00
2129	2032987	Luísa Mateus	58	[070] COC	11:45:00
6046	2006622	Ana Pacheco	03	[102] .COM	11:48:00
4909	1470612	Sara Roberto	99	[070] COC	11:51:00
5659	7040100	Raquel Henriques	00	[094] CPOC	11:54:00
5166	7202502	Beatriz Esteves	00	[070] COC	11:57:00
4112	1600287	Inês Pinto	92	[052] GD4C	12:00:00
3315	1304241	Adelindina Lopes	74	[070] COC	12:03:00
3799	1010087	Tânia Covas Costa	78	[102] .COM	12:06:00
2582	1210167	Anabela Vieito	67	[070] COC	12:09:00
5879	1996153	Joana Catarino	02	[022] CLAC	12:12:00
3060	1987128	Patricia Casalinho	87	[070] COC	12:15:00
5533	1553355	Beatriz Sanguino	98	[094] CPOC	12:18:00
2503	7711313	Susana Pontes	71	[070] COC	12:21:00
5506	1420052	Verónica Fradique	97	[052] GD4C	12:24:00
2282	8222282	Carla Saraiva	89	[007] Ori-Estarreja	12:27:00
HE (4) 0,0 km 270 m 18 C					
3760	2063998	Vasco Duarte	97	[090] ADFa	9:36:00
2983	2076542	João Gomes	78	[062] CA Madeira	9:39:00
3555	733330	Filipe Dias	85	[052] GD4C	9:42:00
4016	7855558	Miguel Nobrega	89	[056] Natura	9:45:00
DE (1) 0,0 km 210 m 16 C					
3054	1302753	Inês Domingues	94	[070] COC	9:33:00
H21A (23) 0,0 km 270 m 18 C					
3684	7190289	Rui Martins	89	[056] Natura	9:48:00
6437	240885	Filipe Silva	85	[052] GD4C	9:51:00
4765	7964765	Hugo Velhinho	96	[094] CPOC	9:54:00
6448	2136870	Bruno Moreiras	84	[1564] Individual POR	9:57:00
5628	1221996	Gonçalo Dias	96	[052] GD4C	10:00:00
4779	8498912	Daniel Cruz	98	[007] Ori-Estarreja	10:03:00
1345	259763	nc Fausto Ferreira	84	[168] CAB	10:06:00
5555	7210939	José Carlos Marques	78	[159] COAAL	10:09:00
5698	1403183	Pedro Laia	77	[133] GDU Azoia	10:12:00
5980	7207514	Rafael Silva	87	[056] Natura	10:15:00
6135	1196135	Simão Cardeal	84	[119] OriMarão	10:18:00
2635	2800494	Edgar Domingues	88	[070] COC	10:21:00
5692	7666000	Luis Jacinto	84	[094] CPOC	10:24:00
4807	242379	Fidel Conde	77	[070] COC	10:27:00
5615	241103	Luís Ferreira	94	[088] ADC	10:30:00
4019	1564019	João Moura	89	[056] Natura	10:33:00
5840	241124	Luís Carlos	97	[088] ADC	10:36:00
6226	2108644	José Gomes	74	[133] GDU Azoia	10:39:00
5925	1903603	Pedro Tiago Gomes	90	[159] COAAL	10:42:00
5960	2043066	humberto santos	79	[090] ADFa	10:45:00
5796	1811181	Bruno André	81	[119] OriMarão	10:48:00
5061	2043031	Manuel Lopes	96	[090] ADFa	10:51:00
2831	1302730	Daniel Raposo	80	[128] COALA	10:54:00

tno	hipno	Name	B	Club	Start
D21A (8) 0,0 km 210 m 16 C					
5857	1881188	Diana Moreira	87	[168] CAB	9:36:00
4693	1886688	Sofia Pinto	94	[056] Natura	9:39:00
4606	2108694	Cristiana Cunha	87	[070] COC	9:42:00
6087	7855557	Carla Macedo	88	[056] Natura	9:45:00
2561	1304139	Ângela Pedro	79	[107] CAOS	9:48:00
1490	1304113	Cristina Nazário	83	[007] Ori-Estarreja	9:51:00
6446	8210021	Raquel Ferreira	80	[052] GD4C	9:54:00
4078	234089	Ana Pinto	83	[056] Natura	9:57:00
H21B (12) 0,0 km 185 m 13 C					
6403	2108708	Mário Moreira	77	[070] COC	10:02:00
5892	259857	Rui Pedro Amaral	79	[070] COC	10:05:00
6362	2108699	Albano Almeida	81	[070] COC	10:08:00
5391	1091962	José Almeida	62	[056] Natura	10:11:00
5131	1398371	Pedro Cabeça	99	[133] GDU Azoia	10:14:00
4778	8004778	Tiago Mota	93	[007] Ori-Estarreja	10:17:00
3727	1997799	Paulo Fernandes	72	[128] COALA	10:20:00
6223	2108634	Alexandre Gomes	75	[133] GDU Azoia	10:23:00
1325	8001325	Nuno Rebelo	79	[007] Ori-Estarreja	10:26:00
6272	2108712	Ricardo Lopes	89	[056] Natura	10:29:00
6433	2108698	nc Nuno Grácio	78	[070] COC	10:32:00
1315	504422	João Amorim	78	[007] Ori-Estarreja	10:35:00
D21B (11) 0,0 km 145 m 13 C					
6361	2108700	Ana Sofia Ribeiro	87	[070] COC	9:48:00
0003	259706	nc Rute Ferreira	76	[094] CPOC	9:51:00
6182	2800671	Inês Correia	97	[085] A Montanha	9:54:00
6044	214068	Dora Ferreirinha	82	[176] ABC Ori	9:57:00
6017	419853	nc Patricia Jorge	84	[094] CPOC	10:00:00
6406	1429026	Paula Goncalves	75	[052] GD4C	10:03:00
0022	306290	nc Laura Romo	88	[1564] Individual POR	10:06:00
6236	7110981	Anabela André	81	[119] OriMarão	10:09:00
6409	400293	Cristina Torcato	93	[007] Ori-Estarreja	10:12:00
6215	2542598	Inês Soares	88	[119] OriMarão	10:15:00
6368	2108703	Catarina Sousa	80	[070] COC	10:18:00
H35 (2) 0,0 km 270 m 17 C					
2333	308302	Rui Marques	71	[133] GDU Azoia	9:38:00
2375	1304162	Tiago Lopes	78	[107] CAOS	9:41:00
H40 (19) 0,0 km 270 m 17 C					
5390	2076545	Tiago Reis	76	[056] Natura	9:44:00
6298	1425363	José Barros Maia	74	[085] A Montanha	9:47:00
1285	259880	Duarte Lopes	70	[115] ATV	9:50:00
1872	1420246	Nuno Ferreira	76	[094] CPOC	9:53:00
3936	308313	Norberto Henriques	77	[070] COC	9:56:00
2054	2053725	Jorge Mendes	75	[090] ADFA	9:59:00
1302	7208670	Rafael Lima	68	[070] COC	10:02:00
6003	1421970	Paulo Batista	75	[038] CM Arrábida	10:05:00
2188	1304108	Rui Morais	74	[007] Ori-Estarreja	10:08:00
6459	2136860	Pablo Oliveira	74	[005] CP Armada	10:11:00
3408	1974131	Nuno Pires	74	[007] Ori-Estarreja	10:14:00
2588	1302729	José Domingos	76	[094] CPOC	10:17:00

tno	hipno	Name	B	Club	Start
H40 (19) 0,0 km 270 m 17 C (cont.)					
4147	242391	Sergio Contente	74	[114] COA	10:20:00
0005	1007220	nc Marco Lamy .	78	[1564] Individual POR	10:23:00
2823	213654	Rui Pisco	75	[114] COA	10:26:00
4227	400215	Jorge Almeida	73	[070] COC	10:29:00
6399	7211428	Joaquim Silva	74	[052] GD4C	10:32:00
4685	1304173	José João Ferreira	74	[119] OriMarão	10:35:00
4101	1151515	Jorge Marques	73	[052] GD4C	10:38:00
D40 (5) 0,0 km 185 m 13 C					
5307	2017030	Manuela Marques	72	[102] .COM	9:47:00
3421	2104619	Susana Figueiredo	75	[094] CPOC	9:50:00
2936	2801210	Anabela Freitas	72	[085] A Montanha	9:53:00
4587	2115015	Ana Margarida Vaz	76	[007] Ori-Estarreja	9:56:00
1301	208666	Teresa Alves	69	[070] COC	9:59:00
H45 (21) 0,0 km 185 m 16 C					
2244	409976	Cláudio Tereso	70	[115] ATV	10:06:00
0070	1304257	Carlos Lobo		[128] COALA	10:08:00
4328	400171	Luís Miguel Martinho	70	[115] ATV	10:10:00
1810	544041	Octávio Andrade	68	[102] .COM	10:12:00
2377	7680122	Rui Botão	68	[070] COC	10:14:00
2209	242178	Luís Borges	71	[103] ADADesnível	10:16:00
1364	1060169	Helder Ferreira	69	[070] COC	10:18:00
5463	259757	Marco Almeida	73	[168] CAB	10:20:00
3836	400212	Martins de Jesus	70	[007] Ori-Estarreja	10:22:00
1657	2104647	Luís Dias	70	[094] CPOC	10:24:00
5297	9000512	Cidálio Oliveira	73	[052] GD4C	10:26:00
4059	1304006	Miguel Sá	71	[116] Montepio Geral	10:28:00
1967	1770099	Luís Bucha	70	[008] CP EPAL	10:30:00
5057	1428630	Humberto Esteves	71	[070] COC	10:32:00
5063	9992323	Sandro Castro	72	[052] GD4C	10:34:00
6263	2113523	Ricardo Silva	70	[007] Ori-Estarreja	10:36:00
1784	308267	João Carrilho	70	[107] CAOS	10:38:00
2999	214060	António Batista	69	[115] ATV	10:40:00
1457	1304060	António Amador	68	[007] Ori-Estarreja	10:42:00
3913	8003913	Alberto César	70	[052] GD4C	10:44:00
2236	1092092	Rui Mora	71	[166] ADM Ori-Mondego	10:46:00
D45 (4) 0,0 km 175 m 13 C					
2842	213673	Isabel Oliveira	72	[070] COC	10:30:00
5783	2108647	Catarina Félix	67	[133] GDU Azoia	10:33:00
5685	1973509	Maria Vieira	70	[052] GD4C	10:36:00
1528	308263	Marina Carrilho	73	[107] CAOS	10:39:00
H50 (18) 0,0 km 185 m 16 C					
4045	2108632	Fernando Mendes	67	[133] GDU Azoia	9:30:00
3073	241138	Jorge Ferreira	65	[088] ADC	9:32:00
4228	1080267	Ilídio Coelho	67	[070] COC	9:34:00
1298	9939399	Carlos Garcia	64	[157] AFAP	9:36:00
1449	8035553	Manuel Dias	52	[151] GafanhOri	9:38:00
3889	9048082	Rui Almeida	64	[157] AFAP	9:40:00
6481	2017026	Rui Silva	68	[102] .COM	9:42:00
1246	2043048	Daniel Pires	65	[090] ADFA	9:44:00

tno	hipno	Name	B	Club	Start
H50 (18) 0,0 km 185 m 16 C (cont.)					
1931	1000058	Carlos Monteiro	58	[070] COC	9:46:00
1407	2043036	Luís Quinta-Nova	66	[176] ABC Ori	9:48:00
4632	8167815	Mario Marinheiro	65	[125] CP Abrunheira	9:50:00
4656	308206	José Bolrão	64	[070] COC	9:52:00
2667	2800501	João Martins	67	[022] CLAC	9:54:00
2750	900057	Leonel Vieito	66	[070] COC	9:56:00
2147	2800480	Belo de Carvalho	64	[176] ABC Ori	9:58:00
1344	259810	António Pina	66	[157] AFAP	10:00:00
1937	1302828	Tozé Silva	66	[070] COC	10:02:00
2439	241147	Licínio Ferreira	68	[088] ADC	10:04:00
D50 (8) 0,0 km 150 m 12 C					
2497	1991199	Aida Correia	63	[052] GD4C	9:31:00
6479	242400	Fátima Emauz	68	[094] CPOC	9:34:00
5706	362704	Margarida Miranda	01	[052] GD4C	9:37:00
4730	2003094	Assunção Almeida	59	[151] GafanhOri	9:40:00
4209	400209	Maria Leonor Luz	68	[022] CLAC	9:43:00
3890	240779	Claudia Figueiredo	66	[052] GD4C	9:46:00
5695	1401624	Luísa Gaboleiro	63	[133] GDU Azoia	9:49:00
1092	2082771	Alice Silva	65	[090] ADFA	10:37:00
H55 (20) 0,0 km 175 m 13 C					
2440	241125	António Ferreira	63	[088] ADC	9:30:00
1218	7207271	Fontoura	63	[094] CPOC	9:33:00
2592	8240961	João Alves	61	[052] GD4C	9:36:00
1907	259704	Carlos Coelho	61	[094] CPOC	9:39:00
3850	240747	nc Paulo Ferreira	61	[005] CP Armada	9:42:00
2905	1396355	Manuel Delgado	61	[052] GD4C	9:45:00
4098	242149	Júlio Oliveira	63	[005] CP Armada	9:48:00
5248	1777999	José Vicente	61	[157] AFAP	9:51:00
5294	1680086	Amândio Gonçalves	63	[022] CLAC	9:54:00
1182	1111182	Albano João	59	[070] COC	9:57:00
1423	264932	Jose Leite Rocha	59	[037] GD Luz Verde	10:00:00
3007	1304109	José Mário Baptista	62	[052] GD4C	10:03:00
1758	7207922	Aniceto Soares	62	[022] CLAC	10:06:00
2454	1010032	Jorge Silva	60	[085] A Montanha	10:09:00
6291	242366	Manuel Nunes	62	[114] COA	10:12:00
1405	2043044	João Barrulas	61	[090] ADFA	10:15:00
4783	308468	Carlos Fortunato	62	[007] Ori-Estarreja	10:18:00
1095	2008961	Fernando Costa	61	[052] GD4C	10:21:00
3098	1403184	António Graça	63	[005] CP Armada	10:24:00
3848	242143	Ilídio Santos Mendes	60	[022] CLAC	10:27:00
D55 (3) 0,0 km 135 m 10 C					
2410	1304110	Margarida Rocha	55	[052] GD4C	9:32:00
1183	1304249	Palmira João	59	[070] COC	9:35:00
5293	1987789	Amália Gonçalves	63	[022] CLAC	9:38:00
H60 (15) 0,0 km 150 m 12 C					
3128	1304153	Manuel Martins	56	[005] CP Armada	9:52:00
1905	1010145	Vítor Rodrigues	54	[094] CPOC	9:55:00
1391	308215	António Matias	57	[022] CLAC	9:58:00
1577	1191082	Luís Sousa	54	[090] ADFA	10:01:00

tno	hipno	Name	B	Club	Start
H60 (15) 0,0 km 150 m 12 C (cont.)					
2053	2106946	Carlos Rabaça	54	[022] CLAC	10:04:00
3997	1401650	Jorge Artur	55	[090] ADFa	10:07:00
1190	242174	Carlos Ferreira	56	[168] CAB	10:10:00
1567	559977	Crispim Júnior	55	[090] ADFa	10:13:00
1851	1090256	Escada da Costa	56	[128] COALA	10:16:00
1410	1541410	Jacinto Eleutério	54	[090] ADFa	10:19:00
2118	1102118	Manuel Domingues	57	[070] COC	10:22:00
4077	234084	Custódio Pinto	56	[1000] Individual POR Fed	10:25:00
3865	241261	Luís Pereira	58	[052] GD4C	10:28:00
1677	1954428	António Reyes	54	[128] COALA	10:31:00
2364	7210959	António Amador	58	[073] CMO Funchal	10:34:00
D60 (3) 0,0 km 135 m 10 C					
1390	2800483	Maria São João	53	[022] CLAC	9:41:00
1640	259755	Fernanda Ferreira	55	[168] CAB	9:44:00
1393	308216	Paula Joaquim	57	[022] CLAC	9:47:00
H65 (7) 0,0 km 135 m 11 C					
2001	1428912	Costa Leite	50	[116] Montepio Geral	9:31:00
2341	9171050	João Rodrigues	50	[056] Natura	9:34:00
1045	246323	Manuel Tavares	52	[007] Ori-Estarreja	9:37:00
1903	2018588	Armando Santos	52	[128] COALA	9:40:00
1557	259713	Acácio Porta Nova	53	[094] CPOC	9:43:00
3088	2018590	José Raposo	51	[128] COALA	9:46:00
1048	2121229	Altino Silva	51	[007] Ori-Estarreja	9:49:00
D65 (5) 0,0 km 125 m 12 C					
5123	9102190	Cathy Dawson	53	[151] GafanhOri	9:30:00
1556	259715	Ana Carreira	51	[094] CPOC	9:33:00
2379	2800393	Hermínia Tavares	53	[056] Natura	9:36:00
2101	259797	Beatriz Leite	50	[116] Montepio Geral	9:39:00
5686	1304219	Sinikka Ovaskainen	49	[151] GafanhOri	9:42:00
H70 (6) 0,0 km 135 m 11 C					
5124	9102785	Roy Dawson	48	[151] GafanhOri	9:52:00
5958	2108640	António Laia	44	[133] GDU Azoia	9:55:00
4440	2210946	Coelho dos Santos	46	[007] Ori-Estarreja	9:58:00
1079	308251	Joaquim Patrício	48	[035] CN Alvito	10:01:00
1441	308457	nc Gil Rua	48	[007] Ori-Estarreja	10:04:00
1576	259816	Francisco Coelho	44	[033] Clube TAP	10:07:00
H75 (2) 0,0 km 125 m 12 C					
5687	1010105	Jorma Ovaskainen	42	[151] GafanhOri	9:45:00
1149	1942119	Armandino Cramez	42	[007] Ori-Estarreja	9:48:00
H80 (1) 0,0 km 125 m 12 C					
3126	1304103	Joaquim da Costa	38	[052] GD4C	9:51:00